

I wish to enter the following event:

- Marathon road run (26.2 miles) 10.30am
- Half marathon road walk (13.1 miles) 10.30am
- Half marathon road run (13.1 miles) 1.00pm
- 10k road run 2.00pm
- 2k or less field run or walk* 2.30pm
- 4k field run or walk* 3.00pm

All distances are approximate

**Suitable for wheelchair participants.*

Name: _____

Address: _____

Post code: _____

Phone no: _____ Date of birth: _____

Email address: _____

Your email address is important so we can send event info to you!

I want Footsteps International to claim Gift Aid. I confirm that I have paid enough income tax to cover the charity's claim. *giftaid it*

I declare that I will abide by the law and the race rules (see the Marafun website). I will follow instructions given by race officials. I will not take part unless I am in good health on the day, and that I am taking part at my own risk. I will pass all sponsorship I raise to the relevant charity.

All information on this form and photographs taken on the day will be stored and may be used for administration of the event, including publicity for future events.

Signed: _____ Date: _____ Amount enclosed: £ _____

Club name/Unattached _____ (Cheques payable to Footsteps International)

Parent's signature _____

(Required for under 16s)

Saturday 12th May 2012

Starting at The King's Centre

159 Chipperfield Rd, Orpington, BR5 2PZ

A sponsored RUN or WALK for families and their friends who want to have fun and raise funds for good causes.

Events for all ages and stages!

- Marathon road run 10.30am
- Half marathon road walk 10.30am
- Half marathon road run 1.00pm
- 10k road run 2.00pm
- 2k or less field run or walk* 2.30pm
- 4k field run or walk* 3.00pm

*All distances are approximate *Suitable for wheelchair participants*

Medals, T shirts, Fancy Dress award for the most 'entertaining' participant!



Footsteps International

Organised by Footsteps International, the Rotary Club of Bromley and King's Church to raise funds for good causes



UK Athletics licence 2012-103335



King's Church

Orpington Marafun 2012

What is the Marafun?

A sponsored RUN or WALK for families and their friends who want to have fun and raise funds for good causes. There are longer road events and shorter field events - choose the one that best suits your age and level of fitness. There is a bouncy castle for young children. All events start and end at the King's Centre.

Age limits?

The following limits apply which are in line with UK Athletics rules. Children under 12 must be accompanied by an adult.

Event	2k	4k	10k	Half marathon	Marathon
Min age	-	-	15	17	18

Fund-raising?

Runners and walkers can raise sponsorship for Footsteps International, Rotary charities, or for a charity of their choice. Sponsor forms are available from the Marafun website www.marafun.co.uk. Proceeds from the event go to Footsteps International which cares for street children and orphans in Kenya.

Medals and Certificates?

Each Marafun participant will receive a certificate. Medals will be available to all participants whose registration and payment has been received by Saturday 5th May (1 week before the event). Due to their cost, we don't do T-shirts as we prefer your money to go to a good cause..

How do I enter?

Please enter on-line if you can!

1. Go to www.marafun.co.uk and click on "Registration"
2. Go to the Runners World website and search for "Orpington Marafun" (www.runnersworld.co.uk)
3. Complete the entry form over the page and send it to:
Footsteps International, 79 Lynwood Grove, Orpington, Kent BR6 0BQ. Cheques are payable to Footsteps International.

What does it cost?

We don't charge an entry fee but suggest a voluntary donation (please give more if you can):.

Event/distance/type	Non-UKA Athletics affiliated	UK Athletics affiliated
Marathon road run (26.2 miles)	£15	£13
Half marathon road walk (13.1 miles)	£15	£13
Half marathon road run (13.1 miles)	£15	£13
10k road run	£15	£13
4k field run or walk*	£3	N/A
2k or less field run or walk*	£3	N/A

What is the closing date for entries?

The closing date for advance registrations is Saturday 5th May 2012. After that registrations will be taken on the day. Medals cannot be guaranteed for on-the-day entrants.

What is the course like?

The road events are held on a circular route around Orpington incorporating town, countryside and a short off-road section. It is mostly undulating but there are a couple of challenging hills. The circuit is 13.1 miles, so marathon runners do 2 laps. The 10k course is a shorter version of the main course. There are marshals and refreshment points at regular intervals round the course. The field events are based on the playing fields opposite the King's Centre .

Is the course different to last year?

Minor changes have been made to make the distances as exact as possible, and improve safety and way-finding.

Refreshments, left luggage and showers?

Refreshments are available at the start/finish area (there is a small charge for snacks, but tea and coffee is free). There is a left luggage area. We are unable to provide showers.

Disclaimer

The Marafun is a fun event aimed at raising funds for charitable projects. All participants enter entirely at their own risk. Participants are advised to arrange insurance to meet their own requirements.